**Change in food intake due to COVID-19**

Food intake was measured using the questionnaires constructed for this study. Among the nutrients included in this study, the intake of carbohydrates and minerals increased significantly (*p*<0.05), while no significant differences were observed in the consumption of protein, fat, and vitamins (*p*>0.05). There were also no significant differences in water intake, smoking, and drinking (*p*>0.05). The amount of alcohol consumed significantly decreased after the onset of the COVID-19 pandemic (*p*<0.05).

